

With a background in IT, education, research and design, I currently run disaster recovery projects in the insurance sector. In addition, I facilitate peer-led mutual aid meetings and chair a community group dealing with substance misuse and recovery.

I first became involved with the Bridge Project in 2014. Initially as a service user and latterly as a volunteer. I have seen first-hand, the vital and challenging work the organisation provides. Like Bridge I share a passion for recovery and believe everyone has the chance to turn their lives around and contribute positively to the communities they live in. As a resident of Bradford, I am grateful for the people who make Bridge thrive, from the depth of quality in the senior management team through the talent and passion of the staff to the dedicated commitment of the volunteers.

I hope to contribute to Bridge's continuing success helping people help themselves.